



TAEKWONDO AMERICA *Your Professional
Martial Arts
Education Center*
140 South Main Street, Bradford, Massachusetts USA 01830 ★ www.changstkdamerica.net ★ 978-556-1616

Dear Fellow Martial Artists and Practitioners,

Master Chang and I are very excited to finally have our first Tournament! We promise you a safe and professional experience. We understand how important the competitors are as well as their families. It is our goal that everyone who participates has a positive experience.

Although our tournament will reflect true competition, everyone who participates is considered a winner. Participation medals will be awarded throughout the day as well as trophies for 1st, 2nd and 3rd place.

There will be referee training on Saturday September 6th and the 13th from 1P-3P. This is a great opportunity for red belts and above to learn something new. Certification will be available in the future but not necessary at this time. Experienced referees are invited to contact me at 978-556-1616 if they would like to participate. We will have a great time!!

A championship is more than business; it is an opportunity to network, to learn from each other and to celebrate martial arts in a bigger way. A well organized tournament gives our students motivation and encourages positive relationships. Personally I have participated, volunteered and judged hundreds of competitions throughout Massachusetts- now it is time to host one.

I have invited several VIP's from the state of Massachusetts-Let's show them the power of Martial Arts in New England! Mr. Joe Brignoli of MATA/Pro-Star Mixed Martial Arts will be our guest along with our surprise guest. (*I would tell you but it would spoil the surprise!*)

Join us for this exciting and fascinating event!

Catherine Chang
Tournament Co-Chair
Founder/CEO
Chang's Tae Kwon Do America

1st Annual Commonwealth Martial Arts Tournament

Saturday, September 20th, 2008
Northern Essex Community College Athletic Center
100 Elliott Street, Haverhill, MA 01830

Sparring, Breaking, Poomse Registration

Pre-registration: \$45.00 for first event and \$10.00 for each additional event.

Late registration or at the door: \$50.00 for first event and \$10.00 for each additional event.
(Cash only at the door).

MUST be postmarked by September 13th, 2008. *ATTENTION: Any application postmarked after September 13th is late.* ONLY certified checks or money order accepted.

Payable to:

Chang's Taekwondo America
1st Commonwealth Martial Art Tournament
140 Main Street
Bradford, MA 01835

Demo Team Competition:

No limit of style or material.
Must complete within 7 minutes.
No limit of people per team.
\$150/team

Synchronized Team Poomse

Competition: Any Officially
recognized WTF/ITF
Taekwondo poomse.2 or more
competitors per team \$88/team

Creative Forms Competition:

Black Belt Only - Free style
\$50 - Separate Division

ALL ENTRY FEES NON-REFUNDABLE!

Admission All Day:

Adult: \$10.00
Children under 12 - \$5.00
Senior Citizen - Free
A portion of ticket sales to benefit HPS Book Project

Schedule of Events (Schedule may vary based on number of competitors)

08:00 AM Walk-in registration begins
09:00 AM Referee and Coaches Meeting
09:30 AM Opening Ceremony
10:30 AM Championship begin - Forms and Breaking
01:00 PM Junior Sparring Competition Begins
03:00 PM Senior Sparring Competition Begins

Awards

Trophies will be continuously awarded throughout the competition.
First, second, and third place winners in each division.
All contestants will also receive a Participation Medal.

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Competitors Eligibility

You must sign the waiver form correctly and be sure to fill in all information on the official entry form. White V-neck or traditional white Taekwondo do-bok for all events. Competitors must supply their own breaking materials and mandatory protective equipment. Breaking materials and sparring equipment will be available for purchase on a limited basis, the day of the competition.

Coaches Eligibility

You must sign the waiver form correctly and be sure to fill in all information on the official entry form. Must be at least 17 years of age and must include one ID size photo of yourself.

Masters, Referees and Coaches

Please complete the appropriate attendance form and mail it to us as soon as possible, so that we may accommodate you to the best of our ability. For the safety of the competitors, persons with appropriate passes will be the only participants allowed limited clearance on the competition floor. Any officials and referees of the championships, upon their discretion, hold the right to suspend you from the competition floor for general misconduct and unsportsmanlike behavior.

Hotel Information

Book by 9/1/08 to receive special rate \$88.00/night
www.bestwestern.com/merrimackvalley

Best Western
40 Lowell Ave
Haverhill, MA 978-373-1511
www.bwmerrimackvalley.com
\$88.00/Night - reservations on or before September 1, 2008

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Gyoroogi (Sparring)

Current National and Junior National WTF gyoroogi competition scoring rules will govern these championships with a few modifications to enhance the competition experience for all participants. The organizing committee may modify some rules to the local conditions. The tournament committee also reserves the right to combine or divide weight categories depending on the group size. Rounds and duration of matches will be determined and announced at the day of the competition.

All competitors competing in the gyoroogi competition event must supply their own safety equipment: Approved head gear, chest protector, mouthpiece, white elastic (cloth) shin & in-step guard, forearm guard, sparring socks and gloves and protective groin guard. Any competitor without any of these required and/or mandatory pieces of equipment at the time of his/her match may be declared disqualified.

Gyoroogi (Sparring) Divisions

1. Divisions will be divided into males and females.
2. All divisions are subject to change without notice!!!
3. Exact weight breakdown will be announced on the day of the competition.
4. The tournament committee reserves the right to combine or divide the categories if necessary.

Gyoroogi (Sparring) Divisions						
Junior	Adult	Senior	Rank and Belt	Color Belt Weight Divisions	Black Belt Divisions	
					Mens	Women
4-5	18-26	35-up	Beginner White Yellow Orange	Light	Fin 0-118	Fin 0-103
6-7	27-34		Intermediate Green Purple Blue		Fly 119-127	Fly 104-111
8-9					Bantam 128-136	Bantam 112-120
10-11			Advanced Brown Red	Middle	Feather 137-147	Feather 121-129
12-13					Light 148-158	Light 130-138
14-15			Black Belt	Heavy	Welter 159-171	Welter 139-147
16-17					Middle 172-183	Middle 148-157
					Heavy 184+	Heavy 158+

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Bracketed Poomse (forms)

1. Any Taekwondo Poomses.
2. All competitors must perform a poomse in accordance to their level of rank.
3. All competitors must start from the designated area (start/finish box) and finish in the same area.
4. Scoring will be based on concentration, balance, focus, grace, strength, correct and orderly execution of movements.

Chayou Kyukpa (FreeStyle Breaking)

1. Free style, NO more than three stations and WOOD only!!!
2. Competitors will be given two minutes to set up and complete his/her routine. The clock will start as the contestant steps into the competition area.
3. Scores will be based on the difficulty level of techniques, power, accuracy, focus, creativity, and grace put into the routine.
4. Degree of clean break and showmanship will also be taken into consideration.
5. Five judges will score from 5.0 points (lowest) to 10.0 (highest), with 0.1 point increments. From the five scores, the lowest and highest scores will be dropped and the three remaining scored will be added to give the competitor his/her score. In the event of a tie, all five scores will be calculated to determine a winner.
6. Regulation breaking board sizes for these competitions are as follows:
 - Ages 13 & up: 12"x8"x1" pine
 - Ages 12 & under: 12"x6"x1" pine or 12"x 6x¹/₂".

Poomse and Breaking Divisions

Junior	Adult	Senior	Rank and Belt	Weight
4-5			Beginner	All weights/ Mixed Divisions
6-7		35 - 44	White/Yellow/Orange	
8-9	18-26	Senior	Intermediate	
10-11			Green/Purple/Blue	
12-13	27-34	45 - Up	Advanced	
14-15		Golden	Brown/Red	
16-17		Senior	Black Belt	

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Official Entry Form

Type or print legibly — Fill in all boxes. Illegible applications will NOT be processed.

Pre-registration: \$45.00 for first event and \$10.00 for each additional event.

Only certified check or money order accepted. *All entry fees are non refundable.*

Entry Deadline: Postmarked by September 13, 2008. *Late registration or at the door:* \$50.00 for first event and \$10.00 for each additional event. (Cash only at the door).

Mail to : Chang's Taekwondo America
 Director Young Soo Chang
 140 Main Street
 Bradford, MA 01835

Phone: 1-978-556-1616
 FAX: 1-978-556-1603

Competitor's Name:															
Age:	Sex: M F	Weight:	Height:												
Belt Color:	Gup/Degree:	USAT Competitor#:													
Address:								City:				State:		Zip:	
Phone:								Date of Birth:							
Dojang Name:								Dojang Phone:							
Do jang address:								City:				State:		Zip:	
Master / Instructor Name:															

Junior Division (4-17 Age)	<input type="checkbox"/> Poomse <input type="checkbox"/> Breaking <input type="checkbox"/> Sparring	Adult Division (18-34 Age)	<input type="checkbox"/> Poomse <input type="checkbox"/> Breaking <input type="checkbox"/> Sparring	Senior 35-44 Golden Sr. 45- Up	<input type="checkbox"/> Poomse <input type="checkbox"/> Breaking <input type="checkbox"/> Sparring
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Liability Waiver

In consideration of your acceptance of my entry. I do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or which may accrue to me against Chang's Taekwondo America, Commonwealth Martial Arts Tournament and all members of the tournament, or their respective officers, agents, representatives, successors, and/or assigns and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from such athletic meet. I understand that Taekwondo is a body contact sport, and I further understand all the contents of the Commonwealth Martial Arts Tournament 2008 rules and general information for which was published by the sponsors and I agree with them in their entirety.

**We reserve the
right to reject any
applicant**

**Paste
your
photo
here**

_____ / ____ /2008

Competitor's Signature Date
 (If minor, parent or guardian must sign)

